



U6 Game Day Structure

Small Clinic:

- Duration: 8 minutes for fun dribbling techniques, followed by 8 minutes of activities related to the theme of the day. This is run by an academy coach with the SUPPORT of you!

Team Matches:

- Teams will face each other for a total of 30 minutes, divided into 3 rounds of 10 minutes each.
- Substitutions will be done on the fly to guarantee ample playing time for every participant.

Ball in Play:

- If the ball goes out, a coach will throw a new ball away from the play or to someone who hasn't received the ball.
*This is designed to maintain high ball rolling time and keep players actively involved.

Team Composition:

- Teams will play 4v4 with no goalkeepers.
- In the spirit of fairness, coaches are encouraged to share players if team sizes are uneven or if there is a skill gap.

Post-Game Ritual:

- After the game, players will be called in by an academy head coach for a group discussion.
- This aims to foster a sense of community in soccer, transcending individual team boundaries.

Guidelines for Coaches and Parents:

- Emphasize positive encouragement and good sportsmanship.
- Ensure all players receive equal playing time, irrespective of skill level.
- Maintain a fair and balanced approach, focusing on the developmental aspects of the game.
- Avoid yelling instructions such as "Kick it, clear it, kick it out," and instead encourage players to stay on the ball and make good decisions.
- Above all, prioritize making it a fun and enjoyable experience for everyone involved.

